



VOLUNTEERING

# CETA' DIVING

UNDERSTAND MORE, CARE MORE

FOR **CERTIFIED SCUBA DIVERS**



# TABLE OF CONTENTS

**1. THE TUAMOTU ISLANDS, OASES OF BIODIVERSITY**

**2. A SANCTUARY**

**3. THE NGO 'RANGIROA DOLPHINS'**

**4. THE BOTTLENOSE DOLPHIN**

**5. GOALS OF THE MISSION**

**6. ACTIVITIES**

**7. CONVENIENCES**

CONTACT

ACCOMODATION, MEALS, AND TRIPS

COMMUNICATION

TRAVELLING TO RANGIROA

FEES

REQUIREMENTS

EQUIPMENT RECOMMENDED

RISKS AND INCONVENIENCES

WEATHER CONDITIONS

FOR NON RESIDENTS

PLEASE RESPECT WILDLIFE

# THE TUAMOTU ISLANDS

## OASES OF BIODIVERSITY



The **Tuamotu Archipelago** - population of 15,000 people - , an area threatened by climate change and rising waters, contains **78 atolls** spread across an **800,000-square-kilometer** ocean surface. It has 800 square kilometers of land for 20,000 square kilometers of lagoon - 0.1% and 2% of its maritime area respectively - , demonstrating **how fragile this oasis of aquatic biodiversity is**.

The Tuamotu atolls are characterized by their height, shape, exposure to the ocean, population, and the activities performed there. There are small, closed lagoons, both hypersaline and brackish, and large lagoons open to the ocean like **Fakarava**, which features the largest pass in French Polynesia at 1,600 meters, and even a raised coral atoll, **Makatea**.

Coral growth, which allows these small island reefs of only a few meters in altitude to exist, is directly affected by the slow and irreversible **acidification** of the oceans - a 30% increase over two and a half centuries. Here, as anywhere else, **ecosystems are defenseless against commercial, demographic, and climate pressures**. Here, more than anywhere else, the status of the marine mammal populations is largely unknown.

Yet 350 kilometers from Tahiti in the northwest Tuamotu archipelago, the giant atoll of **Rangiroa** - 'Great Sky' in **Paumotu** - , a true oasis of life in the heart of the tropical Pacific Ocean, stretches its 170 kilometers of coral reefs, sands, and coconut trees around a **1,600-square-kilometer** area with waters so fish-laden that it has become one of the world's top diving destinations. The atoll's impressive size - *80 kilometers long by 20 kilometers wide on average* - and its two large channels, **Avatoru** and **Tiputa passes**, make it home to marine wildlife as exceptional as it is impressive.

# A SANCTUARY



The **Polynesian Marine Mammal Sanctuary** was officially created on **May 13, 2002**. This **4.8-square-kilometer area** is one of the largest dedicated to whales and dolphins worldwide. Wildlife sanctuaries are created to protect the natural functioning of ecosystems and wild animal populations. However, the **20 species of cetaceans** that inhabit French Polynesian waters remain affected by activities such as **overfishing, bycatch, maritime traffic**, and an **unmanaged increase of wildlife tourism**.

# THE N G O

## RANGIROA DOLPHINS



**'Rangiroa Dolphins' - RD** - is a non-profit organization born in 2019 and based in the Tuamotu Islands. **RD** is dedicated to the conservation of Rangiroa bottlenose dolphins and their natural habitats. The NGO has a fifteen-year experience of whale and dolphin monitoring in French Polynesia including twelve field seasons involving ecovolunteers. Our main tools are **scientific research** and **public outreach**.

Since 2009, **RD**'s president has been studying the **bottlenose dolphin** community inhabiting **Tiputa** waters, on Northern Rangiroa atoll. Her work focuses on the impacts of tourist activities on the dolphins' behaviors. Indeed, these animals are targeted daily by commercial and non commercial '**dolphin watching**' activities.

Literature and the media have endowed cetaceans with a reputation that predisposes people to expect friendly interactions with free-ranging dolphins. Amusement parks and aquaria where people can touch, feed, and swim with captive dolphins, enhance this reputation. The overall opportunism and adaptability of the bottlenose dolphin make it a focal species for cetacean tourism, especially when the dolphins remain **on small coastal areas**.

The popularity of marine mammal viewing activities may result in conservation and socioeconomic benefits for the animals and local communities alike if they are conducted responsibly and with care, in accordance with existing regulations that protect these iconic species. However, if such activities are not conducted appropriately, they can place marine mammals at significant risk of harassment, injury or death.

Some of Rangiroa bottlenose dolphins have been conditioned on the medium- to long-term to tolerate or even seek out physical interactions with scuba divers. Such a situation **raises concerns about the dolphins' welfare as there are risks related to unmanaged interactions**.

These risks include:

**1. An increasing number of diving accidents** through, for example, 'pushy' behaviours or intimidation attempts from the dolphins and / or scuba divers who forget basic safety rules;

**2. Pathogen transmission** from the dolphins to humans, and *vice versa*;

**3. An increased vulnerability to human activities of dolphins that became too tolerant to human presence** - *loss of vigilance toward human activities* -, resulting in collisions with boats, propeller injuries, fishing gear entanglement, etc.;

**4. Changes in the dolphins' ranging and social patterns;**

**5. The implementation of an 'open water amusement park' that lacks basic ethical and educational components.**

# THE BOTTLENOSE DOLPHIN



The **common bottlenose dolphin**, *Tursiops truncatus*, is distributed throughout the five Polynesian archipelagoes. However, the species is watched most frequently in **Rangiroa Atoll** than in other Polynesian islands. In French Polynesia, adults can reach up to **3.3 meters** and weigh up to **450 kilos**. They are easily identified thanks to their stocky and grayish body prolonged by a thick rostrum.

The line of their mouth, curved upwards, gives them a 'smiling' appearance. Nevertheless, this morphological feature does not reflect the overall species' behaviors as these dolphins have an extremely complex social life and may display **affiliative** behaviors such as play and petting as well as **agonistic** behaviors - e.g. *intimidation, aggression*. The numerous marks, notches and scars visible on the adult males' bodies perfectly illustrate these animals' strength.

## FOLLOW RANGIROA DOLPHINS ON SOCIAL NETWORKS >

<https://www.facebook.com/groups/dauphinsderangiroa/>

<https://www.facebook.com/dauphinsderangiroa/>

<https://www.instagram.com/dauphinsderangiroa/>

# GOALS

## OF THE MISSION



For many years, scuba divers have been encouraging **physical contacts** with Tiputa bottlenose dolphins, especially with young individuals. Some of these dolphins are now very tolerant to humans, making them particularly vulnerable to anthropogenic activities. Indeed, overconfident animals may easily be **injured** by human activities or **destroyed** if they display intrusive or aggressive behaviors toward humans.

Our long-term **research program** monitors **demographic, social and ecological parameters** of the Tiputa bottlenose dolphin community, and **the dolphins' behaviors in the presence of scuba divers** to assess and prevent the risks associated with close regular dolphin / diver interactions.

Our **education program** shares our results and recommendations with the general public and other stakeholders to help improving human / wildlife encounters.

**Ceta'Diving** allows volunteers to observe and better understand the dolphins' routine, and issues related to their conservation. Our volunteers help **RD sustaining its independent dolphin monitoring program**. **RD** is also involved in French Polynesian marine mammal conservation initiatives through collaborations with the *Center for Insular Research and Observatory of the Environment*, the *National Museum of Natural History*, and the *PÉLAGIS Observatory*. Finally, we are member of the *National Marine Mammal Stranding Network*.

### The data collected help us:

- 1. Designing tools** used in our presentations to schoolchildren, tour operators, and the general public.
- 2. Writing and publishing** research papers.
- 3. Promoting ethical dolphin watching activities** through articles and interviews - press, internet, radio, television - or via documentaries like **Draw me a dolphin**, produced in 2012, **Polynesia, the secrets of paradise**, produced in 2016, **A season in Tahiti**, produced in 2017 or **The frontier of wildness**, produced in 2018.

### **WATCH THE MOVIE 'THE FRONTIER OF WILDNESS' >**

<https://www.reelhouse.org/tom.t/aux-frontieres-du-sauvage/>

# ACTIVITIES

## OBSERVE, UNDERSTAND



### CERTIFIED SCUBA DIVERS\*

\* **A level 1, Open Water PADI / SSI or equivalent diving certification** is the minimum required to participate in our activities. You must also have a previous diving experience of at least 20 dives at sea. Do not forget to bring your **credential** and **logbook**. In order to be able to enjoy the lagoon during free time, we advise you to bring your own **fins, mask and snorkel**. **It is prohibited to dive less than 12 hours before a domestic flight and less than 24 hours before an international flight.**

--

We first meet **on Monday morning at 10:00 at the 'Teina and Marie' guesthouse** in Rangiroa where we introduce you to **the team, location and safety tips**. The mission then takes place over **14 days**. On each day, **we do one dive to collect environmental and dolphin data**. We then **debrief and comment on the data collected** and do **presentations**. The mission ends **on the last Sunday morning**.

As part of our **underwater dolphin monitoring**, you are proposed to participate in the **underwater video shooting** of the dolphins' behaviors. A briefing is held before each dive to describe the dive spot, current sea and weather conditions, and remind everyone basic safety procedures. Each dive is then debriefed. All divers must follow their instructor throughout the dive (i.e. for about **45 to 70'**). The total time spent at sea is approximately **60-90'** depending on the dive duration. The dive spot is located at about **5-10'** by boat from the diving center.

**We strongly recommend you to bring your own underwater camera.**

**Shore-based dolphin sightings** take place when the conditions are appropriate. Two times a day, **long breaking waves** - called 'mascaret' - run through Tiputa pass. This exceptional setting is **a socialization ground for the bottlenose dolphins** that regularly come to surf and leap into the waves. These are perfect conditions to photo-identify the dolphins and get a distant glimpse of local tourist activities. **This activity lasts about 1:30.**

## OUR MISSION IN PICTURES



# CONVENIENCES



## CONTACT

**In Rangiroa >** PAMELA CARZON

**RD postal address >** B.P. 12 Tiputa, 98776 Rangiroa, French Polynesia

**RD phone number >** +689 87 31 20 53

**Email >** dauphinsderangiroa@gmail.com

## ACCOMODATION, MEALS, AND TRIPS

**RD** works with the local guesthouse '**Teina & Marie**' located close to the lagoon, Tiputa pass, the diving center, and the dolphin lookouts on shore.

At '**Teina & Marie**', volunteers can choose between **1. a dorm room** including shared bathroom, cold shower and access to electricity - **220V**, or **2. a private bungalow with hot shower**. **The guesthouse is typical from the Tuamotu Islands and may appear too « roots » for participants accustomed to higher standards.**

**Breakfasts and dinners are covered by the guesthouse.** Local meals are often based on **fish** but may be adapted for **vegetarian diets**. Individual **per diems are provided for lunches** when the mission starts. Depending on the teams, lunches may be cooked collectively or taken at local snacks. The shops are relatively stocked but **fruits and vegetables are scarce here**. You may have to wait for the freighter that comes from the Marquesas Islands to stock up on local fruit.

**It is possible for participants to choose higher standard accommodations located close to our study area** (*Les Relais de Joséphine, Vaa i te Moana, Coconut Lodge, etc.*). **However, it is important to book well before the mission starts to ensure availability.**

**RD** works in partnership with the '**Rangiroa Diving Center**', an ethical dive shop located next to the guesthouse.

## COMMUNICATION

French Polynesia has modern infrastructures and exceptional amenities over an area as large as Europe. A good wifi connection is available at the guesthouse.

## TRAVELLING TO RANGIROA

**A biometric passport and an ESTA form** are required for stopovers in the United States.

In Tahiti, international flights often land at night. You can spend a night at a local guesthouse, or at the *Motel* across from the airport. **Once you are at the Tahiti International Airport**, you have to board a **Tahiti-Rangiroa domestic flight** - *1:00 for a flight without stopovers*. A taxi sent by the Teina & Marie guesthouse then picks you up at **Rangiroa airport**. Each six-kilometer taxi ride to and from the airport lasts about five minutes.

## FEES

**Participation fees include** the taxi between Rangiroa airport and the guesthouse, accommodation **in a dorm** at the **Teina & Marie** guesthouse (or in a bungalow - *depending on the participant's choice* -), breakfasts and dinners, per diems for lunches, 10 dives at the **Rangiroa Diving Center**, supervision and training courses. They do not include international and domestic flights to Rangiroa.

## REQUIREMENTS

- > **Good physical and mental conditions.** No disease or treatment requiring proximity to hospitals.
- > **For divers who did not dive for more than six months.** A visit to an ENT and a **refresh dive**. You must show your **credential** before diving with us.
- > **Good ability to live and work in a team**, to participate in cleaning and cooking.
- > Computer skills are appreciated.
- > **Adaptability, patience, thoroughness**, and **good mood** are welcome.

## EQUIPMENT RECOMMENDED

- 1 travel bag
- 1 backpack
- 1 water bottle

## ESSENTIAL

- Cap or hat
- Good sunglasses
- Non-toxic sun screen
- Mosquito repellent
- Swimsuit
- Light but covering T-shirts
- Light shorts, dresses or pants
- Waterproof jacket

## AID KIT

- Biafine
- Antihistamines
- Antibiotic ointment tube
- Sea sickness remedy

## STRONGLY RECOMMENDED

- **3- to 5-mm shorty or dive suit**
- **Long sleeve Lycra**
- **Fins, mask, and snorkel**
- Small socks - *to feel more comfortable in the fins*
- Action camera or other **underwater shooting equipment + fastening system**
- Laptop
- Hard drive

## RISKS AND INCONVENIENCES

- > Sea water is always at perfect temperature - *between 25 and 30°C*. However, you should **beware of currents**, especially along channels. The dive spot **is exposed to waves and swell**: be careful with sea sickness.
- > **Avoid swimming at night** or wearing shiny jewelry while swimming or diving close to reefs - *moray eels, barracudas*. We do not recommended swimming in areas where fish have recently been cleaned.
- > You should generally **avoid walking barefoot in the water**. **Beware of stonefish** and **do not touch the coral or other animals**. **Never collect live coral or shells**.
- > **Be careful of the sun, dehydration, and mosquitoes**.
- > Fresh water is a rare and precious commodity in the Tuamotu Islands. **Do not drink tap water**. Gallons of drinking water are available at the guesthouse and at the diving center.
- > **Please do not to feed stray dogs and cats** to avoid settling them close to the bungalows or kitchen, and remain **vigilant with some dogs that can bite pedestrians and riders**.

## WEATHER CONDITIONS

French Polynesia enjoys a **warm, tropical climate**; the air and water temperatures are relatively stable throughout the year. The seasons are so similar to each other that it is easy to forget what month it is. However, there are two major seasons:

**The rainy season** > In Summer, from **November to April**. Climate is humid and hot - 29 to 35°C -, and the weather may be unstable.

**The dry season** > In Winter, from **May to September**. Climate is milder - 26-29°C -, with more wind and a stable weather.

**Inter-seasons** > 'Fall' - April-May - and 'Spring' - September-October.

**In July and August**, a 20- to 35-knot Southeastern wind locally called *Mara'amu* may blow and give rise to high waves.

## FOR NON RESIDENTS

The **local currency** is the French Pacific Franc (XPF) which is indexed to the euro. **€ 1=XPF 119.33.** Cash may be handy when you need to buy a sandwich or a drink. There are two ATMs at Rangiroa, **one at the airport** and **one in Tiputa village.**

A meal costs about **XPF 2,000** / € 17 at a snack, and between **XPF 3,000** / € 25 and **XPF 6,000** / € 50 at a restaurant.

Rangiroa has a **medical center**, two **doctors** and a **pharmacy**.

When you come from overseas, your luggage must not exceed **30 kilos**.

The voltage used is **220V**.

Drugs are prohibited.

Most people use their free time to rest, swim, or explore the area.

## PLEASE RESPECT WILDLIFE

In French Polynesia, there are **safety rules to respect with wild animals** in order to preserve their and your welfare on the long-term. **Please do not touch and / or feed wildlife!** Understand more to care more is a fundamental axis of our work.